



HEALTHY

HOLIDAY

Eating

Holiday eating doesn't have to mean sacrificing your health goals. Visit with our Fit Pros and learn ways to make your favorite dishes more nutritious by using healthy alternatives!

Mon, November 13 | 11:00 AM - 1:00 PM

Tue, November 14 | 11:00 AM - 1:00 PM

Wed, November 15 | 11:00 AM - 1:00 PM

Thu, November 16 | 12:00 PM - 1:00 PM

Fri, November 17 | 11:00 AM - 1:00 PM



PEAK WBL LOBBY

Peak West Bank Landing
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www.peakgreatfalls.com

