

April 2021

Gymnasium Schedule



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
				1 5:05-6 AM KETTEL BELL HIIT 10 AM - 12 PM PICKELBALL 12:15-1 PM PEAK PROJECT	2 10 AM - 12 PM NOON BALL	3 9-9:30 AM FAMILY FITNESS
4 CLOSED	5 5:05-6 AM BODYCOMBAT 10 AM - 12 PM NOON BALL 4-4:30 PM FAMILY FITNESS	6 5:05-6 AM TOTAL BODY 9-11:30 AM PICKELBALL 12:15-1 PM PEAK PROJECT	7 5:05-6 AM KICKBOXING 8:45-9:45 AM BODYCOMBAT 10 AM - 12 PM NOON BALL 1:30-3 PM PICKELBALL 4-4:30 PM FAMILY FITNESS	8 5:05-6 AM KETTEL BELL HIIT 10 AM - 12 PM PICKELBALL 12:15-1 PM PEAK PROJECT	9 10 AM - 12 PM NOON BALL	10 9-9:30 AM FAMILY FITNESS
11 9 AM - 12 PM PICKELBALL 1:30-4 PM THINNER WINNER KICKOFF	12 5:05-6 AM BODYCOMBAT 10 AM - 12 PM NOON BALL 4-4:30 PM FAMILY FITNESS	13 5:05-6 AM TOTAL BODY 5:05-6 AM KETTEL BELL HIIT 12:15-1 PM PEAK PROJECT	14 5:05-6 AM KICKBOXING 8:45-9:45 AM BODYCOMBAT 10 AM - 12 PM NOON BALL 1:30-3 PM PICKELBALL 4-4:30 PM FAMILY FITNESS	15 5:05-6 AM KETTEL BELL HIIT 10 AM - 12 PM PICKELBALL 12:15-1 PM PEAK PROJECT	16 10 AM - 12 PM NOON BALL	17 9-9:30 AM FAMILY FITNESS
18 2-5 PM PICKELBALL	19 5:05-6 AM BODYCOMBAT 10 AM - 12 PM NOON BALL 4-4:30 PM FAMILY FITNESS	20 5:05-6 AM TOTAL BODY 9-11:30 AM PICKELBALL 12:15-1 PM PEAK PROJECT	21 5:05-6 AM KICKBOXING 8:45-9:45 AM BODYCOMBAT 10 AM - 12 PM NOON BALL 1:30-3 PM PICKELBALL 4-4:30 PM FAMILY FITNESS	22 5:05-6 AM KETTEL BELL HIIT 10 AM - 12 PM PICKELBALL 12:15-1 PM PEAK PROJECT	23 10 AM - 12 PM NOON BALL	24 9-9:30 AM FAMILY FITNESS
25 2-5 PM PICKELBALL	26 5:05-6 AM BODYCOMBAT 10 AM - 12 PM NOON BALL 4-4:30 PM FAMILY FITNESS	27	28 5:05-6 AM KICKBOXING 8:45-9:45 AM BODYCOMBAT 10 AM - 12 PM NOON BALL 1:30-3 PM PICKELBALL 4-4:30 PM FAMILY FITNESS	29	30 10 AM - 12 PM NOON BALL	

Half of the Gym will be reserved for all class times.